

# Janice Faye's Ranch



## Equine Assisted Learning

and therapy is a proven experiential therapy for those who have suffered trauma.

The ranch began with one at-risk girl in September, 2020, and has grown to 50 including youth, adults and parents participating in the program.

### REFERRAL SOURCES——

**1**  
SCHOOL GUIDANCE  
COUNSELORS

**2**  
CHILD ADVOCACY  
CENTER

**3**  
FOSTER CARE  
SYSTEM



**2020 sessions**  
Sept - Dec—(7)

**2021 sessions—**  
Jan-Nov—(28)



**Volunteer hours**  
Sept-Dec/2020—  
(135)

**Volunteer hours**  
Jan-Nov/2021—



(519)

**136 Donors**

**\$19,703 Donated**

In the rural area where the program is administered, children and their families learn principles taught through the Natural Lifemanship module. Relationship Logic is the neuroscience that allows us to identify relationship patterns while maintaining the belief that our brains can change through new and healthy experiences. This proven science is an essential step toward healing, growth and transformation at any age.



Why horses and how do they help people with trauma? They have three ways of dealing with danger—fight, flight or freeze. What therapists have discovered is people who have suffered trauma have similar responses. By partnering a client who won't face the present with an animal that doesn't know anything else, we create an environment where the person must face what is currently in front of them—namely a 1000 pound horse. It is these amazing creatures that do the heavy lifting at the ranch and this is where transformation begins.

---

**“I can see the growth and healing in our clients as well as in my own life. Horses help us heal!”**

---

## **--Ranch Volunteer**

---

Tutors are on site to provide academic assistance as needed. Educational personnel and counselors are contacted monthly to follow-up on the child's academic and social interaction progress.

Evaluations are made on the increase or decrease in academic performance to ensure tutoring services are adequate.

The goal is that each participant leave as a conscientious, responsible, sympathetic, and independent person who is capable of setting and achieving goals, maintaining healthy relationships and taking care of herself and those around her.

